



V Y W O M

VOICE OF YOUNG WARRIORS OF MORUNG

A Magazine by the cadets of Sainik School Punglwa, Nagaland.



VYWOM : Unlimited vistas of sky.

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We Learn, We Serve

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Founders Day Celebration



As everyone has a birthday even our school has one and it is commonly known as "The Founders Day" or "Annual Day". It was celebrated on 14 May 16. It is the main event for the Cdts, teachers as well as the parents. It also marks the commencement of the summer break. It is packed with a lot of news waking, blind folding and excellent cultural extravaganza.

With the Chief Guest as the Honourable Minister for Education Shri Yitachu, a well achieved personality among our midst, the programme began with lighting of lamp then subsequently the Cdts displayed some of the best performance in our Sainik valley. They clearly moved the hearts of the spectators with their dynamic performance.

There was lots of excitement among the spectators. After the cultural potpourri the chief guest gave us a heart moving motivational talk which mesmerized the Cdts. Also the Minister urged both the parents and teachers to come together and exchange ideas so as to take forward "our" education system. He appreciated the efforts taken by school in providing modern facilities to the young Cdts. The Chief Guest also gave away the prizes to the winners. At the end of the programme Shri Yitachu was presented the school memento and a portrait.

Cdt Kewingam Newmai Adm no 339 Class-12A

NCC Scholarship

On the bright morning of 27th June 16 in a special assembly conducted by Principal, Group Captain Sanjay Gaekwad, a total number of TEN cadets, five from Junior Division, and five from Senior Division were awarded with DG, NCC scholarship of Rs 6000/- each for meritorious performance in academics. Cdt Mari Riba, Cdt Punyo Rika, Cdt Ngacho Yoka, Cdt Sourav Kumar and Cdt Kada Yirang from Junior Division and Cdt Akashe, Cdt Pihuto, Cdt Kechenthang, Cdt Kewingam Newmai and Cdt Keshav Raj from Senior Division were the proud recipients. All these Cdts are extremely hard working and surely lucky as luck always follow hard work. This shows the mettle that we the Cdts of Sainik School Punglwa have. All we need is hard work and perseverance.



Cdt Kada Yirang Adm no 616 Class-10B

East Zone Championship 2016-17



Like any other year our school participated in the East Zone Championship 2016, which was held in Sainik School Goalpara, Assam. The team had worked hard and were expected to bring numerous awards and laurels to the school. Our Cdts competed in various sporting events and cultural events from 9th to 17th July 16. This year was the best year so far, as for the first time the school brought three trophies which included the trophy for Basketball, Hockey and Entertainment programme. Our school's basketball team and hockey team

qualified for Inter Zone level. Cadet Apong Walling was awarded best player of the championship in junior category of football and Cadet Pravek Sharma was awarded the best defender of championship in hockey. Our school also emerged as the winner of the cultural competition. A week of glory, defeat and victory ended as every good thing has an end, each happy soul having contributed something that lifted up the school's spirit. There is every hope that the Cdts of our school would bring more laurels and more honours to the Sainik School Punglwa, Nagaland in forthcoming championships.

Cdt Ginkhup Lunkim Adm no 920 Class-7C

"I have never let my schooling interfere with my education." – Mark Twain .

Swachh Bharat Abhiyan

Swachh Bharat Abhiyan is a cleanliness drive run by Govt of India initiated by Honorable Prime Minister of India. Sainik School Punglwa also contributed in this cleanliness drive on 6th July 16. It was carried out by 600 NCC cadets of the School along with the teachers under the guidance of Mr Kanu Barman, Senior Master. They started the cleanliness drive from the school campus with full enthusiasm. Each cadet contributed and the cleaning was carried out from the school premises to Punglwa village. The cleanliness drive also spread the awareness among people to stay clean and healthy. Finally our Cdts got appreciation from Punglwa villagers.



Cdt Mhalamo Humtsoe Adm no 947 Class-7C

English Literary Week

English Literary week from 18th to 22nd July 16 was conducted in Sainik School Punglwa, Nagaland with myriad activities. The aim was to infuse the Cdts with appreciation, understanding, love and usage of the English language in their daily life. The use of English language is very important among our school Cdts, which is practiced everyday in their conversation. English has thus become an effective means of sharing experiences and strengthening our cultural identity all across the globe. In the English Literary Week various inter-house competitions were conducted for various classes including calligraphy competition, poetry recitation competition, and essay writing competition. The event concluded with a debate on the topic "Social media corrupts young minds". Japhu house emerged as the champion of the English literary competition 2016-17. The Position earned in the English literary events helped Japhu house to obtain the Coveted Cock house trophy given to the best house. Gp Capt



Sanjay Gaekwad appreciated the speakers for their effort and confidence in bringing out their views positively. On this occasion our Principal advised the Cdts to use social media for their personal growth and not to get victimised by it.

Cdt Tekapong Longkumer Adm no 523 Class-10A

Together we can Stop Child Labour

Child labour refers to the employing of children in any work that restricts the children of their childhood, deprives of their regular schooling, and is mentally, physically, socially and morally harmful. Child labour in housing societies is not unusual. Many parents in impoverished countries push their children to work out of necessity. Unable to sustain their families on their own income, the parents feel that they have no choice but to push their children into child labour. This practice is considered exploitative by many organizations.

One of the best ways to combat child labour is to provide fair wages and safe working conditions for parents so that they can provide for their families without being forced to depend on their children. We together can eradicate child labour by educating and creating awareness on the ill effects of child labour which has become a menace in the society. In our school too we don't support child labour and for this we strongly oppose the issue. Our class-X Cdts under the able guidance of their teachers, organised a street play on the theme "Human rights and social justice for child workers" in a nearby village, Punglwa. At the end Mr Henminlal Asst Master encouraged everyone in the gathering to contribute towards the elimination of child labour.



Cdt Rishu Raj Adm no 854 Class-8B

"You can never be overdressed or overeducated." – Oscar Wilde

Visit by LBA Chairman

The newly appointed Chairman LBA, Major General Atanu K Pattanaik, Sena Medal, GOC 3 Corps Rangapahar who is an alumnus of Sainik School Bhubhaneswar, NDA Khadakwasla, IMA Dehradun, visited our school on 18th Aug 16 along with Lt Col Nectar Sanjenbam, KC, SC, a commando of Special Force to meet the young and aspiring Cadets of Sainik School Punglwa.



The Chief Guest was warmly welcomed at the school. On his arrival he was presented a Guard of Honor by the cadets of class -XII. After the chivalrous Guard of honour he took a round of the school campus and was briefed about the new infrastructure and upcoming amenities. Having witnessed the school progress the Chairman joined the cadets for a high tea at Captain Kenguruse Mess and shared his experience as an officer in the armed forces.

Later on Lt Col Nectar Sanjenbam delivered a presentation on 'Life in Army' to motivate and to sow seeds of patriotism in the heart of young Cadets. The presentation was not in vain as all Cadets were illuminated with the desire to join the Indian Armed Forces, after receiving enlightenment of the extreme adventure one undertakes in the defence forces.

With this Maj Gen Pattanaik took leave, not forgetting to wish the Cadets the very best for joining the Armed force to live their life.

Cdt Kewingam Newmai Adm no 339 Class-12A

High Tea at Punglwa House

Sainik School Punglwa, Nagaland celebrated the 70th Independence day. To mark the occasion the marching contingent of the school participated in the march past held at Dist headquarters Peren. Cadet Moasunep Jamir of class-X commanded the school contingent which was adjudged "The best marching contingent". Our Principal, Group Captain Sanjay Gaekwad organised a tea party at Punglwa house to facilitate marching contingent along with the NCC staff, School Captain, Academics Captain and Sports & Discipline Captain. During the programme, Principal congratulated the contingent for their performance and also motivated them to join NDA and be a leader. Cadet Temsunungba Imchen and other Cdt's also presented a brief entertainment programme during the gathering.



Cdt Lenmin Perme Adm no 724 Class-9B

Teachers Day Celebration

Teacher's Day celebration is held to honour teachers for their sincere efforts to impart knowledge to their students. By having celebrations on Teacher's Day, we convey the message that we care for our teachers, just as they do. Celebration is the recognition of the devotion, with which, teachers undertake the responsibility of educating a child academically as well as morally. On this day, school students dressed up like their teachers and taught their juniors, the same way as their teachers did. As the day passed, the students performed the activities that are performed by the teachers. On the 5th of September, 2016 our school too celebrated teacher's day with much pomp and splendour with the whole school decorated with posters and floral designs. Cadets of class XII took the courtesy to take role of teachers including Principal, Vice Principal and Administrative Officer for the day with the main programme held in



the Captain Kenguruse Mess. The Cadets performed tons of items which includes plays, dances, mimic, songs and slide show presentation for teachers. In addition to the days programme a volleyball match between Cadets and Teachers was also organised.

Cdt Lenmin Perme Adm no 724 Class-9B

Workshop on Memory Skills and Speed Reading

The explosion of information and the continuous pressure to increase productivity makes it necessary that we acquire techniques to learn faster and process information in less time and with less stress. A two day workshop on memory skills and speed reading was organized on 7th & 8th Sep 16 at Sainik school Punglwa, Nagaland conducted by Squadron Leader Jayasimha. Squadron Leader Jayasimha is the trainer in memory and soft skills. He is the only Indian to hold maximum Guinness Records in the world. He has 21 years of rich experience in the field of Education, Training and Development in the Indian Air Force. During the training demonstration of memory skills by recollecting 50 random numbers and also 50 random colours, forward and backwards, art of enhancing memory power word meanings, dates, numbers etc and skills of speed reading were taught to the Cdts of the school. Enthusiastic Cadets quickly acquired the skills reproduced and demonstrated on stage.



After two days workshop Squadron Leader Jayasimha addressed the gathering and stated that nothing is impossible if one believes in one self. He also encouraged the gathering to be positive in life and to shy away from illogical excuses which obstruct progress. At the end our Principal Group Captain Sanjay Gaekwad presented a school memento and a portrait of the resources person that was sketched by Mr Dailee Mao Asst. Master Arts. Cdt Kewingam Newmai Adm no 339 Class-12A

Hindi Pakhwara

Hindi Pakhwara is celebrated across the country from 14th of September every year. Hindi Diwas commemorates the day when the Constituent Assembly of India adopted Hindi as the official language of the country on Sept 14, 1949. The Cdts and staff of Sainik School Punglwa started 'Hindi Diwas' on September 13th in the school with great fervour. A special assembly was organised in which Cdts performed various activities like poetry recitation, word of the day presentation, speech on great personality, and news in Hindi. On this occasion Gp Capt Sanjay Gaekwad, Principal Sainik School Punglwa in his speech said that Hindi as language should be nurtured and cherished in everyday life. The programme was stretched for a week in which Hindi debate competition among 6 houses, poetry competition for class-VI and VII, essay competition, etc for the Cdts were conducted. After a weeklong observance of Hindi activities and competition, Patkai house emerged as overall champion house in various Hindi competitions.



Cdt Rishu Raj Adm no 854 Class- 8B

Combined Annual Training Camp (CATC)

The 4th CATC Camp of NL (I) Sainik School NCC Coy, was organised at the school campus. The camp started on Oct 2nd 2016 in which 41 Senior Division Cdts of class-XII and 102 Junior Division Cdts of class-IX took part. During the camp the Cdts underwent training like Drill, Range Firing, Map Reading, Disaster Management, Field Craft, trekking and X-country. On 4th Oct 16 a team from SDRF CD/HG taught the Cdts various disaster management measures so as to help people affected by earth quake or other natural calamities with just the resources available in the surrounding. Fire fighting demonstration was also conducted. The Cadets were highly benefited from such practicals which are helpful in our life. The camp was also inspected by Col K S Dalal, Dy Group Commander, Kohima Gp HQ NCC on 04th Oct 16. To culminate the camp on 11th Oct 16, camp fire was held, Chief Guest Group Captain Sanjay Gaekwad, Principal Sainik School Punglwa gave away prizes to the winner of various individual and group competitions. The prizes bagged by cdts were , Best Cdt (SD) Cdt Akashe Ayami, Best Cdt (JD) Cdt Rishav, Best Shooter Cdt Imaka Z Awomi, X-country by Cdt Novicho Natso and most coveted trophy was begged by Charlie Coy. The Chief Guest emphasized on the role of NCC in honing talents of the young budding minds and also stressed upon the benefits of NCC in joining Indian Armed Forces.



Cdt Lenmin Perme Adm no 724 Class-9B

“Education is the most powerful weapon which you can use to change the world.” – Nelson Mandela

Vibrant String –Best among Sainik Schools' Magazines

Out of the 25 Sainik Schools in the country the annual journal “Vibrant String” 2015-16 of Sainik School Punglwa with its motto “We Learn We Serve” was adjudged as the best. The award for the best magazine was received by Principal Sainik School Punglwa, Gp Capt Sanjay Gaekwad on October 6th from the Honourable Raksha Rajya Mantri Dr Subhash Bhamre, during XLVI All India Principals Conference 2016 at Sainik School Satara, Maharashtra.

Sainik School “Vibrant String” is the annual journal of the school that highlights the overall achievements of the school in various fields. It is also a magazine designed especially for the young ignited and highly motivated Cdts to freely pour their streams of intellectual and inspiring thoughts in the form of creative writings such as poetry, art, drawing, humour and much more.

Under the Patronage of Gp Capt Sanjay Gaekwad, Principal; the editorial team comprised of Chief Editor Sqn Ldr Sanjeev Kumar Chaudhary, Vice Principal; editors Nicholas Kamei & Kaisa Krehe TGT English, Sangeeta TGT Hindi, Vijaya Kumar TGT Computer, Dailee Mao Art Master, Keshav Chhetry photography in charge, Student editors Cdt Longdilong Sangtam and Cdt Sahil Raman.

Cdt Kohang Guing Adm no 673 Class-9B



One Aim One Goal NDA

One Aim One Goal, NDA is the prime aim of every Sainik School in India. This is very relevant to us and now it has become a burning quest for every Cdt of Sainik Schools as these are the finest institutions to achieve this feat. The Cdts are molded and trained physically mentally as well as academically to get entry into the NDA from Sainik Schools. The training begins from the very day when a Cdt is enrolled in the Sainik school.



NDA, National Defence Academy located in Khadakwasla Maharashtra provides, one of the finest officers in Armed forces. It has become an attraction for every young individual who aspires to join Indian Armed forces and serve the nation. The Cadets joining NDA feel proud not because of position but because of his service to motherland. A Cadet who gets enrolled in NDA is a completely changed person and have boundless OLQs.

Our school also provides finest education and training to the Cadets so that they can join in this abode of defence academy. The Cadets are given endless opportunity to understand ones strengths, weaknesses and to cope up with them. Our school has also performed comparatively well in UPSC NDA written examination. We are optimistic to join elite forces through NDA. The milestone of the school soon to be achieved.

Cdt Kewingam Newmai Adm no 339 Class-12A

Visit of Inspecting Officer Sainik School Society

Col. Suddhanshu Arya, Inspecting Officer, Sainik School Society, Ministry of Defence, visited Sainik School Punglwa on his maiden inspection visit. On arrival on 27th November 16 he was received by Group Captain Sanjay Gaekwad, Principal, Sainik School Punglwa and presented with an impressive Guard of Honour. Col Suddhanshu Arya commissioned in AEC, is an experienced educationalist and has vast experiences in training, planning and organizing educational training for troops at formation level, Instructional and tenure at NDA and staff appointments at Army HQs.



In a special assembly, Col Suddhanshu Arya while addressing the Cdts advised them to have a goal in life and to meticulously plan strategies to achieve it. He also advised them to enhance knowledge that shall come handy while appearing SSB. Our Principal briefed the Officer about various projects under construction and highlighted the recent initiatives taken by the school for the all round development of the Cdts.

Cdt Tekepong Longkumer Adm no 523 Class-10A

I did then what I knew how to do. Now that I know better, I do better.” – Maya Angelou

Motivational Trip to Visakapatnam 2016

It was the 21st Nov 16, when the Cadets of class-9 departed from the school for Education and motivation tour. The day was a perfect start off with full excitement packed waiting to explore. As by the time when we arrived at the Dimapur railway station we got our packed meals and waited for the arrival of the train to Guwahati. Soon enough Cdts got tightly loaded in our own coach and left for our destination and reached Sainik School Korukunda. Next day the Cdts were welcomed with heart full smile and pride was at our amidst.

Later in the evening Cdts played a friendly Basketball and Football match with Sainik School Korukunda teams. When the game ended it was not a win or loss but it rather turned out to be a bond of friendship. The day had come and it was now the time to join along the sail of INS Shakti. All the daredevil in us shone bright as we witnessed all the strict drill followed by the sailors in the ship. By the end of the day all Cdts were truly motivated. Next morning we visited the local areas and tourism spot like the Borra cave and the sea beach. After all the mark of a wonderful time our trip ended.



Cdt Alopu Adm no 687 Class-9B

Success in NDA UPSC Exam

It is with deep honour to state that I, Cdt Kewingam Newmai Adm No 339, along with Cdt Kumar Saurabh Adm No 406 of the class XII of 2017 have been able to clear the UPSC (NDA) written exam that was conducted on the 18th September, 2016 at the NPSC exam center, Kohima. The hard work has finally paid off. We have accomplished the first stage towards our goal and there still lies yet another hurdle i.e. the SSB and the medical tests. We are giving our best in the hope to clear both these test which are likely to be conducted during the end of December.



We would like to express our heartiest thanks to our school for shaping us, our Principal, Vice Principal and teachers for their valuable guidance, be it in the field of academics, sports or co-curricular activities, and our parents for their support. Now the school has provided coaching in psychology by specialist and in personality development which will be tested in SSB. Gp Capt Sanjay Gaekwad, Sainik School Punglwa and all staff congratulated Cdts for making the school proud.



Cadet Kewingam Newmai Adm no 339 Class-12A

Welcome



Lt Col M Kiran Meitei
Administrative Officer

Bon Voyage



Lt Col Sumeet Sharma
Administrative Officer

Welcome



CHM/APTC Reneesh K
Physical Instructor

Bon Voyage



CHM/APTC M Budhachandra Singh
Physical Instructor

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